



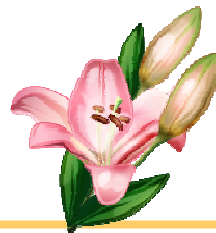
# Tales from the Den

"

## The April Rain Song

*Let the rain kiss you.  
Let the rain beat upon your head  
with silver liquid drops.  
Let the rain sing you a lullaby.  
The rain makes still pools on the sidewalk.  
The rain makes running pools in the gutter.  
The rain plays a little sellp-song on our roof at night--  
And I love the rain."*

~ Langston Hughes, 1902-67



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26	27	28	29	30		

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## Our 2009—2010 Executive!

Special thanks to President Lion Janet and the 2008/09 Executive for their commitment to our Club over the past membership year.

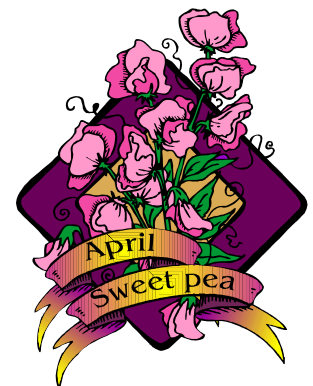
Well wishes to the incoming Executive for the upcoming membership year!

President	Lion Laurie
Past President	Lion Janet
1st Vice	Lion Nancy
2nd Vice	Lion Georgia
Secretary	Lion Jane B & mentor Lion Georgia
Treasurer	Lion Rosina & trainee Lion Diane
1st Year Directors	Lion Maria & Lion Lynda
2nd Year Directors	Lion Velma & Lion Debbie
Tail Twister	Lion Joanne
Lion Tamer	Lion Barb W
Membership	Lions Maggie, Dawna and Susan B
Public Relations	Lion Maja

*Looking forward to another fabulous year!*

**"April hath put a  
spirit of youth in  
everything."**

~ William Shakespeare





## President's Corner

*by Madame President*

Greetings All!

Hopefully Spring is finally here, we are all ready for some warm weather and some fun.

With Spring brings the convention in Port Alberni, we have been practicing our skit and our speeches. Others have been working on the scrapbook and finalizing the work party for fun night. We are all looking forward to a weekend of fun and fellowship.

Spring also means we are all working hard on selling tickets to our third annual Sooke River Duck Race on May 9. The committee is in full gear getting everything organized and ready for a great family fun day.

On behalf of the Sooke Lioness Lions I would like to congratulate Lion Amanda and husband Lion Noah on their announcement...

...another future Lion!

*President Lion Janet*



Club Executives hard at work!



## Relay plans well underway!



The Easter Seals 24 Hour Relay is an annual community based fundraising event that challenges groups of people to run or walk Relay-style for 24 hours. Teams of runners and/or walkers made up of Corporate and Recreational groups collect individual pledges or organize team fundraising events to raise funds towards their collective team totals.

In BC, the 24 Hour Relay is an annual project of the BC Lions Society for Children with Disabilities. The 24 Hour Relay raises funds for the BC Lions Society's Easter Seal camping program. There are three Relays held annually in BC, Swangard Stadium in Burnaby, the University of Victoria, and the Apple Bowl in Kelowna.

Lions Diane and Amanda are have preparations well underway, with fifteen people attending the 2009 planning meeting. Fundraising has kicked off with a \$3,000 base from March's "Taste of BC" wine tasting event. In addition, proceeds from the 3rd annual Duck Race will also go towards the relay team.

Get involved by selling Duck Race tickets (available through Lion Maria at 642-6223) to your friends, or by selling outside Western, Village or Westshore Mall. Other planned fundraisers include a bottle drive on May 2nd and two car washes; at Canadian Tire on May 16th and Sooke Home Hardware on May 30th. Corporate sponsorship is also available and assists with those extra expenses like t-shirts, heaters and a tent.

Pledge sheets are available in hard-copy or through on-line links to assist in reaching distant friends and relatives, who would like to help out with this important initiative for the kids.

Please contact either Lion Amanda or Diane for further information and get involved!

# Member's Corner



## April Highlights



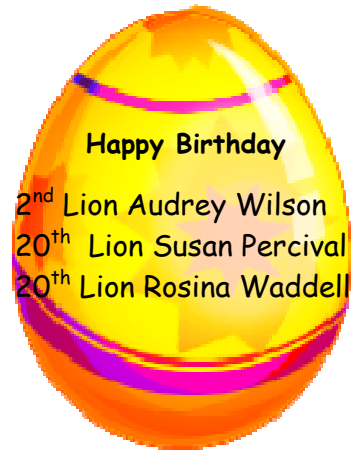
**MD 19-1  
Spring Convention  
April 24 to 26th**



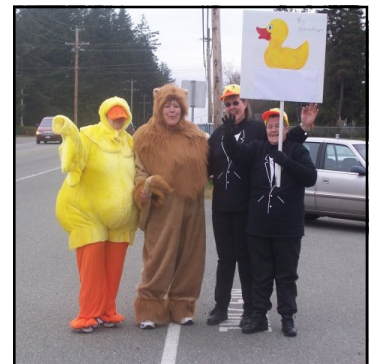
**MARDI GRAS**

**April Anniversary Pins** awarded to:

5 years Lion Joanne Phillips  
23 years Lion Lynda Fisk

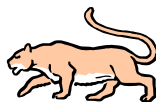


## 3rd Annual Duck Race - May 9th, 2009 Sooke River Flats



Quack Packs now available! \$5 per ticket or \$20 for a 5-pack.

Please sign up for the following roles: Ticket sales, hot dog crew, gathering prizes, Kids activities etc. See Lion Georgia for details.



**What's in the Lion's Dish?**

*Almond Roca*

- 1/2 cup butter
- 3/4 cup brown sugar
- 1/2 slivered almonds
- 1/2 choc. chips
- graham crackers

Melt butter in sugar in saucepan, boil for about 4-5 min. Line a 9 by 13inch baking sheet with crackers, sprinkle with almonds. Pour hot butter and sugar, covering crackers evenly. Bake at 350 for 8-9 min. Sprinkle with choc chips, wait until they are melted and then score with a knife. Eat, share and enjoy!

*Submitted by Lion Laurie*





## Md 19, District I-2 Sooke Lioness Lions

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"We Serve"

### About Us:

Our Club accepted the "Lioness Bridging Program" offered by Lions International and "bridged" our "Lioness Club" (formerly Sooke Lioness Club) in September 2003 which became our official charter date. There were 25 original members of the newly formed Sooke Lioness Lions Club.

The Sooke Lioness Lions support the major service commitments and activities of Lionism, particularly diabetes awareness, sight conservation and work with the blind, and hearing conservation and work with the deaf.

Some of our activities include; Run for the Cure, Easter Seals 24 Hour Relay, Tour de Rock, Toys for Kids, and many more within the Sooke community.



### Lions International

Lions are an international network of 1.3 million men and women in 205 countries and geographic areas who work together to answer the needs that challenge communities around the world.

Known for working to end preventable blindness, Lions participate in a vast variety of projects important to their communities. These projects range from cleaning up local parks to providing supplies to victims of natural disasters.

Beginning in 1917, the association of Lions clubs has provided millions of people with the opportunity to give something back to their communities.



### Upcoming Dates

#### April:

18 to 19 <sup>th</sup>	Work Party	Camp Shawnigan
19 <sup>th</sup>	Duck Race Ticket Sale	Westshore Mall
24 to 26 <sup>th</sup>	Spring Conference 09	Port Alberni

#### May:

2 <sup>nd</sup>	24 Hr Relay Bottle Drive	Sooke Area
"	Sooke Rotary Auction	Seaparc
"	Lions 32 K Walk	Galloping Goose
9 <sup>th</sup>	3 <sup>rd</sup> Annual Duck Race	Sooke Flats
14 to 17 <sup>th</sup>	MD19 Conference 09	Penticton
18 <sup>th</sup>	Victoria Day Parade	Victoria
24 <sup>th</sup>	Prostate Cancer Ride	
30 <sup>th</sup>	Huntington's Book Sale	Village Foods

#### June:

6 to 7 <sup>th</sup>	24 Hour Relay	UVic
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#### July:

10 to 12 <sup>th</sup>	Campout	Blackfish B&B
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### Did you know?

The Full Fish Moon on the 9th brings varieties of fish upstream to spawn.

*Black bears, now waking from their winter slumber in Sooke are out foraging to replace 30% of their pre-den weight. Female bears usually line their dens with ferns and leaves where males do not. Remember to keep your garbage secure.*

**April's** gemstone is the diamond, symbolizing innocence.

Living in prides helps **lions** survive in difficult times, proving particularly beneficial for the vulnerable young cubs that need protection. not sport a mane. A trait that has divided scientists

**April's** flower is the daisy and the sweetpea. The daisy is the Latin for 'fields of war'. During times of war, the Roman legions would order slaves to pick sacks full of daisies in order to extract their juice. Bandages were soaked, then used to bind sword and spear cuts.