



# Tales from the Den

S O O K E L I O N E S S L I O N S C L U B

## OCTOBER

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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Where does time go? Members started the year with all paws on deck and the weeks and days have passed with a wide range of activities. From the Sizzlin Sister's participating in the Lion's Chili Cook Off, the book sale for Huntington's raising \$685, Superhero Lion Lynda jumping off the CIBC Building whilst winning the top fundraising spot for \$2,700, the Subaru triathlon, Shoreline Clean up, record numbers out to welcome the "Cops for Cancer" into Sooke, the list goes on and on!

What an inspiration!

October rolls on and as the whirlwind of activity from September blows the leaves off of Sooke's trees we end this month by welcoming the Olympic Torch into our beloved community.

As the Harvest moon waxes and wanes and we give thanks for the bounty in our lives, it is with a grateful heart, that we recognize our club of such amazing, inspiring women!

*"We give sight. We support youth. We provide disaster relief. We combat disability. We serve."*

## INSIDE THIS ISSUE:

President's Corner	2
Shoreline Report	2
Member's Page	3
Club Information	4
Upcoming Dates	4
Final Words	4



## E A S T E R S E A L S



Lion Lynda pictured above, conquered the CIBC Building and raised both funds and awareness for the Easter Seals Society.

At the September dinner meeting, the club welcomed Stephen Miller from the BC Lions Society to share some highlights about Easter Seals.

The Society formed in 1952 from a Lion's initiative of providing rides to kids with disabilities, then called the Easter Seals buses the fleet had up to 180 buses! The provincial government took notice and thus the Handi Dart service began.

In the early 70's, camps were formed in Squamish, Kelowna and Shawnigan Lake and children from all over BC have enjoyed the camps ever since.

In 2009, 245 children were at Camp Shawnigan along with 1,140 workers, volunteers etc.

The Drop Zone along with the 24 Hour Relay and 'Orcas, Spirit Bears and Eagles in the City' are other examples of how Easter Seals is raising funds and awareness to bring more children to camp and to enrich the activities and facilities available to them.

Like all Lions, they 'do good things in the community and have a good time doing it'.

Congratulations on your successes to date and thank you for your contributions to the children of our community, our future.



# PRESIDENT'S CORNER

Wow! September is done and what a month it was! From fabulous chili to roast beef to hot dogs, all for the Cops for Cancer... this club rocks! It was great to have Gaylia Lassner (from JDRF) and Thomas at our dinner meeting. Proof that our hard work is paying off!

Our 1st participation in the TD Great Canadian Clean up... Maria was so excited... she picked up a huge rope filled with floats, probably saving a whale or other large sea mammal. We had lots of "thumbs up" from people walking the spit. It's nice for the community to see us doing service work, not just raising money.

*"This Club Rocks!"* I would like to welcome Steve Miller, president of the BC Lions Society to our October

dinner meeting. Steve will be giving us insight into his organization and all its fingers.

What do smokies and corn have in common? The Sooke Lioness Lions of course. Gaylee Farms won't know what hit them when our Hot Diggety Dog crew arrives with our BBQ in tow. We should have a great time raising money in this "joint venture concession" with other District Lions clubs.

Remember IKEA tickets are hot off the press. We have 54 seats to fill on our Sambuca Safari luxury coach to the Richmond IKEA on November 14th. Don't miss this one... it's always a fun day.

Well, Lion Maja wants to put this edition to bed before she heads off to Japan so I will stop rambling. Just a big thank you to everyone

for their hard work and dedication. Yeah TEAM!!



**Lion Laurie Spence**  
*Madame President*



*Lion Laurie*



*A cat is a lion  
in a jungle of  
small bushes. . . .  
Indian Proverb*



## LIONS SPOTTED ON THE SPIT!

Lions spotted on Whiffin Spit! On Sunday September 20, members and friends of the Sooke Lioness Lion's Club participated in the TD Great Canadian Shoreline Cleanup netting about 50 lbs. of garbage from the beaches of Whiffin spit. This is an annual event, sponsored by the TD

Friends of the Environment and Vancouver Aquarium and is held every September. To learn more about cleanup week and the impact of shoreline litter visit [www.vanaqua.org/cleanup/home.php](http://www.vanaqua.org/cleanup/home.php)

Chairlion Debbie reported that approximately 750 cigarette

butts, rope, fishing line, twine, carpet, a boat seat, rolled up foamie and assorted plastics was found littering the Spit that day. All at one of the cleanest beaches in our community!





# MEMBER'S PAGE



**Lion Josie and hubby Tony**

*I turned 60 and one of the things I've always wanted to do before I "kicked the bucket" was to go on a hot air balloon ride, so my daughter bought us the tickets. Since we were travelling for a couple of months and staying in Winnipeg for a couple of weeks, we decided that Winnipeg would be the place to take the ride. It was breathtaking and everything I had hoped it would be. One more thing to check off my "bucket list"!*



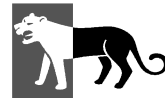
**SAMBUCA SAFARI**  
 Saturday Nov 14th, 2009  
 Shop til you drop!  
 7 am to 8 pm  
 See Lion Barb for tickets



## Get Cooking!

The cookbooks have arrived and will be selling for \$12.50 each.

The proceeds support the Club's various initiatives and will provide some inspiration at your dinner table!



**A Girl!**  
 Welcome  
 Baby Mia and  
 congratulations to  
 Lions Amanda  
 and Noah!



Lions gathering after the CIBC Run for the Cure!

## Happy Birthday!

Lions Nikki, Georgia and Maria

## October Anniversaries:

- 2 yr    Lions Jackie and Maja
- 4 yr    Lion Susan P
- 5 yr    Lion Georgia
- 10 yr   Lion Maggie
- 27 yr   Lion Josie

"Hark the herald, angels sing..."

See Lion Debbie for a Christmas fundraiser courtesy of Avon. A set of four Christmas angels for \$10 will bring \$4 to the Club's 'admin fund'



The Power of Peace is the Peace  
 Poster theme this year, visit the Lions International web-site for details and send an E-Card message of peace depicting last year's contest winners to a loved one!



“In every community  
 there is work to be done.  
 In every nation, there  
 are wounds to heal.  
 In every heart, there is  
 the power to do it  
 ~ Marianne Williamson



## WE SERVE



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### LIONS INTERNATIONAL

Lions are an international network of 1.3 million men and women in 205 countries and geographic areas who work together to answer the needs that challenge communities around the world.

Known for working to end preventable blindness, Lions participate in a vast variety of projects important to their

**ABOUT US:** Our Club accepted the "Lioness Bridging Program" offered by Lions International and "bridged" our "Lioness Club" (formerly Sooke Lioness Club) in September 2003 which became our official charter date. There were 25 original members of the newly formed Sooke Lioness Lions Club.

The Sooke Lioness Lions support the major service commitments and activities of Lionism, particularly diabetes awareness, sight conservation and work with the blind, and hearing conservation and work with the deaf.

Some of our activities include; Run for the Cure, Easter Seals 24 Hour Relay, Tour de Rock, Toys for Kids, and many more within the Sooke community.



communities. These projects range from cleaning up local parks to providing supplies to victims of natural disasters.

Beginning in 1917, the association of Lions clubs has provided millions of people with the opportunity to give something back to their communities.

## FINAL WORDS

### Did you know?

October's marvelous Harvest Moon, brings about a time to take stock of the bounty of your life!

More balloons and fishing nets are collected around the world than six pack holders and syringes?

The SLLC raised \$400 in donations at the Cops for Cancer welcome to Sooke?

Cut out the butter! Every UPS cut from an Island Farm's product puts \$\$\$ into our admin fund!

That sealions bark while seals grunt?  
Can you tell the difference?

A male lion is called a Tom.

October's stone the opal is said to contain the brilliance of all other birth stones.

You can recycle your scratched CD or DVD into a Christmas angel decoration! See Lion Josie for details.

### Upcoming Dates

#### October:

- 4th Run for the Cure
- 14th Dinner Meeting - Steve Miller Visit
- 17th Lioness Oktoberfest
- 23-25th Fall Forum - Spokane
- 31st Olympic Torch Relay

#### November:

- 11th Remembrance Day - No meeting  
Toys for Kids Set Up
- 14th IKEA Trip
- 15th Cabinet Meeting/Camp Shawnigan
- 20-22 Sooke Christmas Craft Fair
- 25th Zone Chair Visitation
- 29th ZC Meeting/Westshore
- 15-22 Lion Jane B goes fishing

#### December

- 3rd Christmas Dinner with Sooke Lions
- 6th Santa Parade
- 9th District Governor Visitation
- 12th Lions Breakfast with Santa
- TBA Snowmen at the Sooke Museum  
Toys for Kids

**"There is no season when such pleasant and sunny spots may be lighted on, and produce so pleasant an effect on the feelings, as now in October."**  
- Nathaniel Hawthorne

### November Chefs:

Lions Janet, Lynda, Dawna and Jane H.



Our web-site has been revamped, take a look at the link above or just Google "Sooke Lioness Lions".

